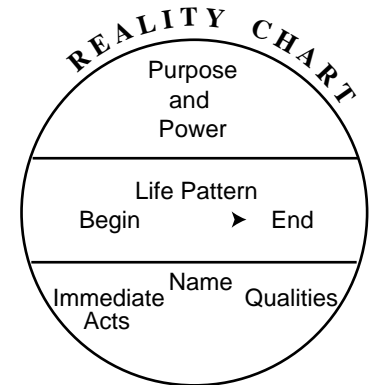
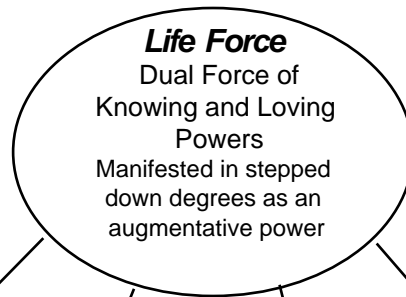


SUCCESSFUL SELF DIRECTION - APPLICATION TECHNIQUE #1

REACTION STEPS-

1. See something
2. Feel Something
3. Take action



Nature **K power** **Type of Knowledge** **L power** **Purpose** **Behavior Pattern**

Inner/Outer STIMs

DAM
Warning
Signal

III. Inner Self	Faith/Intuition	Revealed	Selfless Love	Acquire Virtues	GAP
II. Human	Reason Imagination Memory	Acquired	Self Love with Altruism	Survival with Altruism	LIFT
I. Animal	Senses	Instinctual	Self Love	Survival at all Costs	TRAP or SPU thru Fight and Flight, can lead to IDL-ing and GUFU / BLAT States of Mind

EXPLANATION:

Inner and Outer Environments stimulate (STIM) an awareness and feelings in the individual, prompting action. These STIMs call forth a degree of our Knowing and Loving powers, and our actions are determined by the degree of development of these two powers. Behind every STIM is its Reality, and this is depicted in the Reality Chart. To have successful reactions, we must know all the aspects of whatever confronts us. Each STIM registers as a Danger Ahead MaybeWarning Signal and prompts a degree of our KandL power. If satisfaction is not forthcoming at the Animal Level, we exercise a LIFT to view the STIM and imagine different reactions to try. If this does not satisfy, another DAM Signal appears that informs us of a lacking Virtue. We then issue the GAP plea, come back to the Intellectual level, analyse our feelings and select their antonyms which are in the form of Virtues.

LEGEND:

DAM- Danger Ahead Maybe

TRAP- Take and Repeat Anything Pleasant

SPU- Stop and Prevent Unpleasantness

IDL-ing- I Don't Liking

GUFU- Guilt Feelings

BLAT- Blame Attitudes

LIFT- Look Into the Future of Things

GAP- Growth Ahead Please

STIM- Stimulus

Definition of Reality-

What exists and registers on our sense perceptions and

What underlies these appearances.